

# Solent House Dental Centre

Welcome..

Practice Owners Donald & Yvonne Mackenzie would like to welcome you all to our new newsletter!! This will run on a regular basis keeping you the patient up to date with surgery events and offers. If there is anything you would like to see in this newsletter, then please let Reception know and we will do our best to see it included. We hope you find these articles both informative and enjoyable to read. *Don & Yvonne Mackenzie*

## Refurbishment News!!

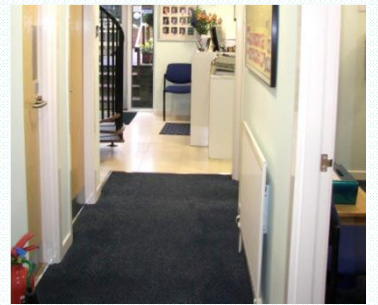
As you may have noticed the practice has recently been refurbished, giving it a new look with a more modern feel. New flat screen televisions, new carpets and a brighter colour scheme ensure that Solent House is as fresh as your smile!



**New Colour Scheme**



**New Flat Screen TVs**



**New Carpets & Tiles**



**S**olent House Dental Centre would like to welcome two new trainee nurses; Sophie King and Hayley Cooper who joined the practice in October of last year. They will be completing their Dental Nursing – Oral Health Care NVQ Level 3 at Bournemouth & Poole College later this year.



Hayley Cooper



Sophie King



# Charity



It was Red Nose day on Friday 18<sup>th</sup> March, so our staff dressed for the occasion raising £83.27 for the charity. Thank you to everyone who donated.



**Congratulations to Carla Rose for passing her Dental Nurse Exam in January! After studying for 2 years, she is now a Registered Dental Nurse working alongside Dr Susan Bush.**

We said a sad farewell to Camilla Caldwell last month after 3 years working at Solent House. Camilla qualified as a Registered Dental Nurse during her time at the practice whilst working with Dr Arnie Badami. She has now gone to Kings College in London to further her career as a Dental Therapist. We wish Camilla lots of luck in this new venture.



# Gum Disease

Periodontitis, or gum disease, is a condition affecting the supporting tissues of the tooth, i.e. the gum and the bone. It is generally pain free, but must be treated early to avoid long term damage.



Gum disease is caused by a build up of bacterial plaque. This adheres to the tooth surface if it is not removed with regular brushing. In the early stages it is relatively symptomless, however as the disease progresses bone is lost, the gums recede and the teeth can become loose. This can increase the chance of abscess formation and tooth loss if left for a period of time.



## Susan Heselton

BDS, MSc, MFDS RSC, MGDS RCPS.

### Periodontist

We are pleased to announce the appointment of an experienced Periodontist who has joined our Dental Referral Service at Solent House. Susan provides expert treatment for all gum related problems.

Susan Heselton qualified in 1990 and has spent most of her career in the Royal Army Dental Corps looking after the dental needs of our troops. During this period she also undertook advanced postgraduate training in treating gum conditions at the prestigious Eastman Postgraduate Dental Institute obtaining the additional degree of Masters of Science in Periodontology.

Should you wish to make an appointment with Susan, please do not hesitate to contact a member of staff. We will be more than happy to arrange an initial consultation for you.

During this appointment in-depth measurements of both your gum and bone levels will be taken, along with any necessary x-rays to determine a treatment plan tailored to your needs.



# Dr Donald Mackenzie

**BDS. M.Sc.**

**Registered Specialist Prosthodontist**

Donald Mackenzie has been in private practice in Lymington since 1981. He trained at Kings College Hospital (University of London) and qualified in 1975 with a degree of Bachelor of Dental Surgery.

He then undertook postgraduate training leading to a Master's Degree in Advanced Conservation at the University of London in 1981. In 2000 he was awarded the title of "Registered Specialist Prosthodontist" by the General Dental Council.

Dr Mackenzie provides a range of specialist services treating patients referred from other dentists for the provision of advanced dental procedures, including; dental implant treatment, crowns and bridges, cosmetic dentistry. As well as this he provides high quality general dentistry for his own private patients.

## Dental Implants

Dental implants are small root-sized metal screws which can be permanently fixed into the patients jaws to replace missing teeth. Any number of teeth can be replaced from a single front or back tooth to a full replacement of the upper and lower teeth.

Once placed, implants are strong and firm and can be chewed on normally. They will look, feel and function like normal teeth and are a safe and effective way to replace missing teeth.



Solent House Dental Centre is one of the few practices in the country to have the Nobel Biocare Procera "Teeth in an Hour" Cadcam implant planning system. This allows implants to be placed following only a CT Scan and the new teeth can then be attached the same day. As well as allowing "instant teeth" this revolutionary system allows complete accuracy when placing implants with far fewer visits and much less discomfort during the actual implant placement and following treatment.

Should you wish to make an appointment with Dr Mackenzie, please do not hesitate to contact a member of staff who will be more than happy to arrange an appointment for you.

During the initial consultation a short examination will be completed, x-rays taken and any further treatment needed will be discussed. A full written estimate will always be provided outlining the costs involved when booking future appointments.

# Clinical Information

## X-Rays

We now take digital x-rays which greatly reduces the amount of radiation you as a patient are exposed to. This also makes the processing of them much quicker and easier allowing for earlier diagnosis. They can now be stored on our computer system where we can refer to them as and when they are needed. The chemicals that were previously used are now unnecessary, avoiding the disposal of environmentally unfriendly liquids.



## Clinical Records

Our clinical notes are now fully computerised. This makes infection control in the surgery easier as paper notes can harbour germs. The keyboards we use are fully washable and resistant to the anti-bacterial sprays used in the surgery. All previous records and x-rays have been scanned into our computer system making access very simple.

To help us with all these changes Richard Penny our I.T Support Expert is always at hand.

## Infection Control

We have upgraded our sterilizing room and now have a full time Sterilizing Assistant, Damien Edwards, who is now responsible for the cleaning and transportation of all instruments. Damien has come to the UK from Melbourne Australia where he worked in a local hospital sterilizing department.



## Safety Precautions

Many of you have found our spiral staircase a little intimidating. We have now had each step treated with a new non-slip material. These treads are also colour-contrasted to help the visually impaired. We hope this gives everyone more confidence when climbing the stairs!



## Springtime Special Offer

There is no need to settle for yellow discoloured teeth. Solent House Dental Centre offers the very best in tooth whitening, giving you a smile to be proud of.

This Spring our "At Home" Whitening Treatment is on offer, and is now reduced from £315 to £250!! saving you £65 on this exciting service. Just present the voucher below to Reception where the appointment can be booked with your dentist.



### Any Suggestions??

If you have any ideas to help us improve the Practice, please let a member of staff know or pop a note in our suggestion box.

This Voucher entitles the bearer to one "At Home" tooth whitening treatment for the reduced price of £250.

Voucher Code: SOL/VB/Expires  
31.06.2011